

Thron Alexander

Cell (912)675-0629 Email: Blessyess97@gmail.com

Summary of qualifications

- Able to lift /pull upwards of 75 pounds
- Trained in green building construction including plastering, carpentry, electric and plumbing
- Over one year experience with customer service
- Over 5 year experience being certified trainer

Certification

- OSHA 10hr construction industry
- OSHA confined spaces
- Fireguard F60
- BPI Air sealing and insulation – Air Leakage Control Installer
- BPI Dense pack cellulose
- First aid/ CPR
- Scaffolding

Work Experience

Olive Garden

Line cook

- Make lunch and dinner for guests
- keep area clean and organize
- Help to clean and shut down kitchen

Watertown, NY
2/2016-9/2016

Dorsey Tire

Tire Tech

- Mount and dismount tires from rim
- Inspect tires for Nails, Holes and Flat leaks
- Remove old tread from tire and put new one on

Pooler, GA
5/2014-6/2015

Buffalo Wild wings

Certified Wing Trainer

- Take inventory, label first in first out and unload truck
- Perform line checks, ensure products maintain temperature
- Train new team members and managers
- Ensured proper sanitary protocol was followed

Watertown, NY
6/2009-4/2014

Education

Sustainable South Bronx

Bronx environmental stewardship training academy

Hands on training in green construction and building maintenance

- Courses in: Electrical, Carpentry, Plumbing, Demolition and safety
- Additional courses in: Boilers and HVAC

5/2017-Present

High School Leadership and Public Service

High School Diploma

New York City
2007